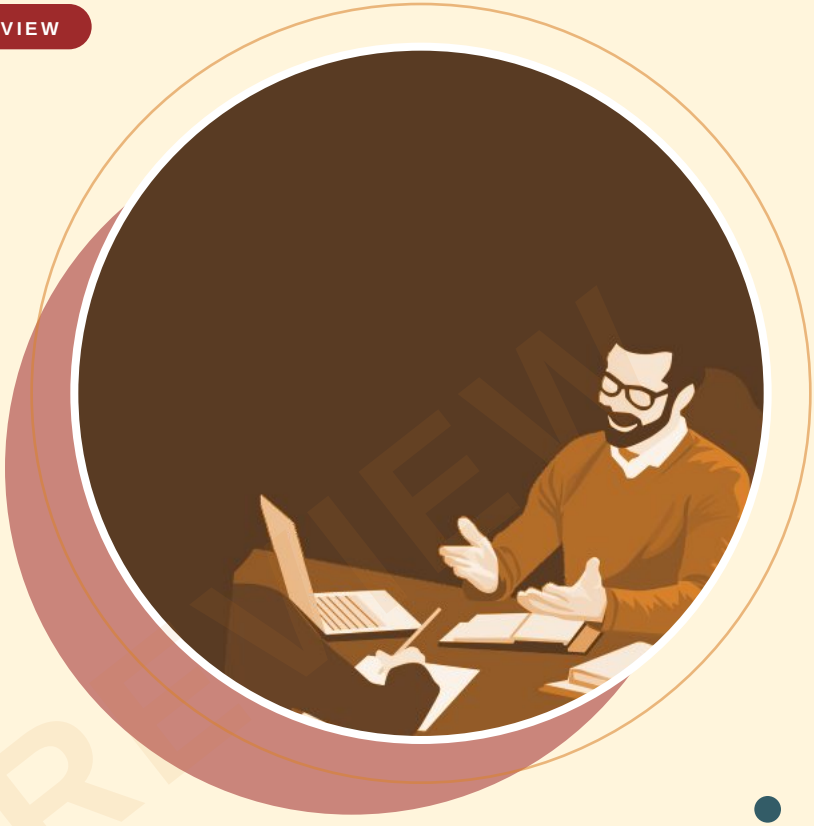
JOURNAL · UMUM

FREE PREVIEW



PREVIEW

Meeting Notebook

Meeting Notebook

THIS JOURNAL BELONGS TO

NAME .....

CONTACT .....

START .....

END .....

PREVIEW

HOW TO USE

Meeting Notebook

1. Fill in one page a day. Use the ratings and notes to track your progress.
2. Fill one page per session; a date and a few quick notes are enough.
3. Print double-sided on 6 x 9 in paper; the inner margin is widened for binding.
4. Review every weekend: spot patterns and celebrate small progress.

PREVIEW

- DATE .....
- DAY NO. .....
- FOCUS TODAY .....

SELF RATING

- ATTENDEES ☆☆☆☆☆
- AGENDA ☆☆☆☆☆
- DISCUSSION ☆☆☆☆☆
- ACTION ITEMS ☆☆☆☆☆
- NEXT MEETING ☆☆☆☆☆

ATTENDEES

AGENDA

REFLECTION

PREVIEW

- DATE .....
- DAY NO. .....
- FOCUS TODAY .....

SELF RATING

- ATTENDEES ☆ ☆ ☆ ☆ ☆
- AGENDA ☆ ☆ ☆ ☆ ☆
- DISCUSSION ☆ ☆ ☆ ☆ ☆
- ACTION ITEMS ☆ ☆ ☆ ☆ ☆
- NEXT MEETING ☆ ☆ ☆ ☆ ☆

ATTENDEES

AGENDA

REFLECTION

PREVIEW

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PREVIEW

Remaining pages are locked in the preview