CHECKLIST · RELATIONSHIP

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Empowering Others Through Encouragement



Encouraging others fosters self-confidence and strengthens relationships. Use this checklist to uplift and empower those around you.

10 steps | Print-ready A4

NAME _____ START _____ TARGET DATE _____

1 Recognize Their Strengths

Point out qualities or skills you admire in them.

EXAMPLE *"You're incredibly resourceful; I always admire how you solve problems."*

2 Offer Specific Praise

Highlight specific achievements or efforts they've made.

TIP *Use detailed feedback, like "Your presentation was engaging and well-organized."*

3 Be a Positive Role Model

Lead by example through optimism and resilience.

TIP *Share personal stories about overcoming challenges to inspire them.*

PREVIEW



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