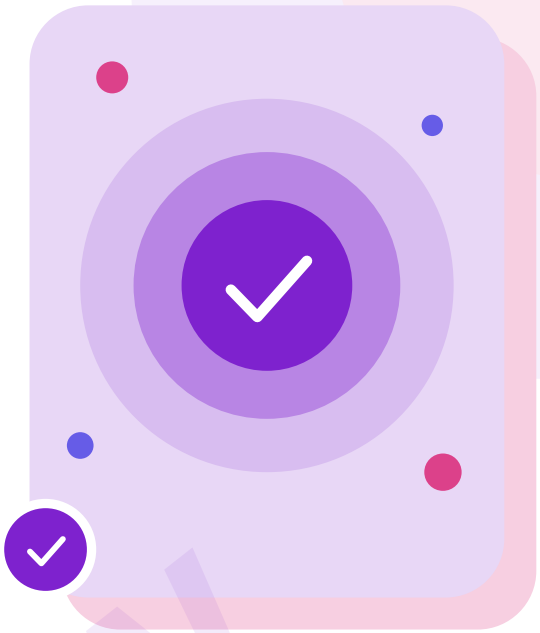
CHECKLIST · RELATIONSHIP

FREE PREVIEW

Managing Social Media Boundaries

Healthy social media use protects relationships from misunderstandings and stress. Use this checklist to set clear boundaries.



10 steps | Print-ready A4

NAME	START	TARGET DATE

1 Discuss Social Media Expectations

Share preferences for how your relationship is portrayed online.

EXAMPLE *“I’m comfortable sharing group photos but not personal milestones.”*

2 Set Privacy Preferences

Decide what should be private versus public on your profiles.

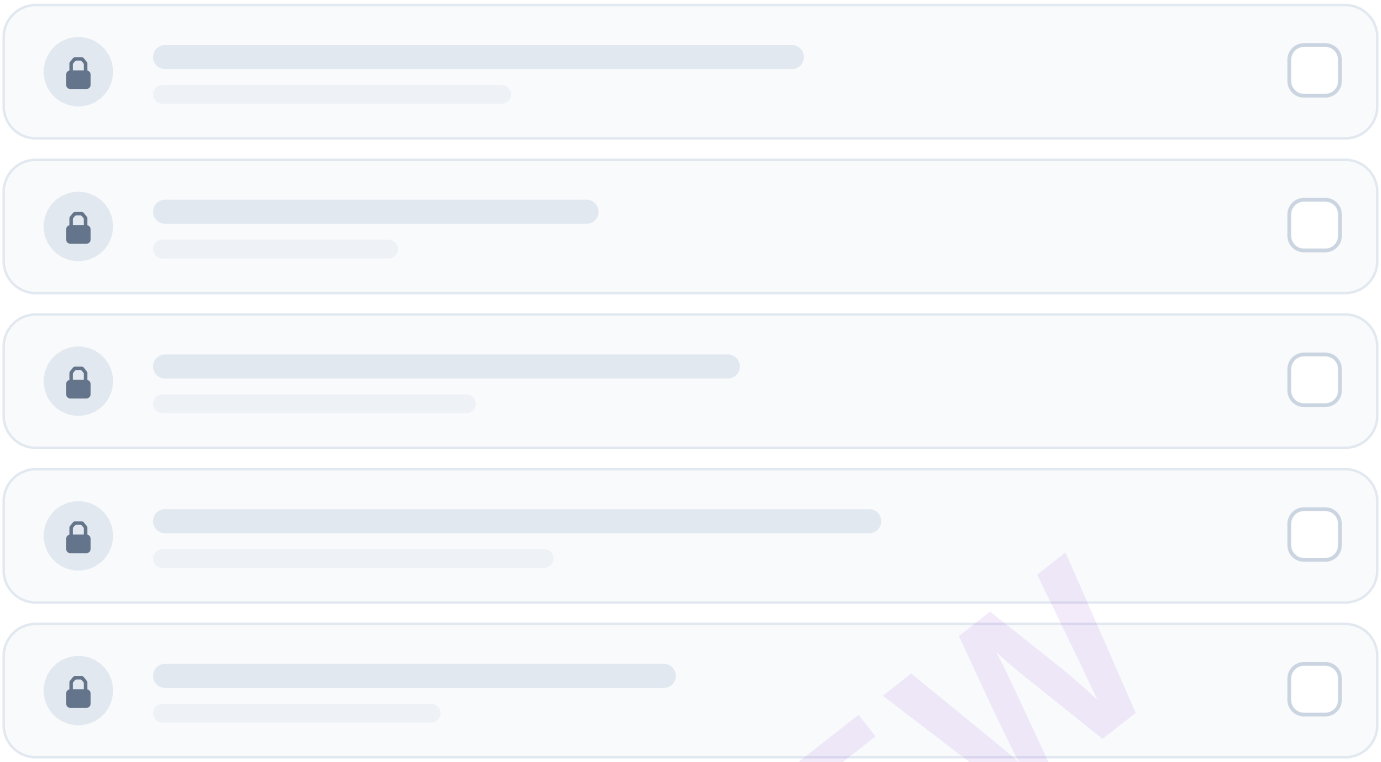
TIP *Review and adjust privacy settings regularly to maintain security.*

3 Respect Each Other’s Online Space

Avoid excessive monitoring or commenting on each other’s activity.

TIP *Trust your partner’s online behavior unless concerns arise.*

PREVIEW



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