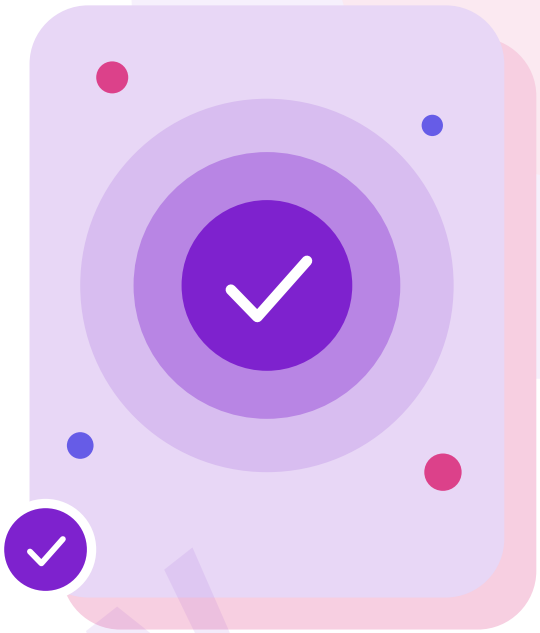
CHECKLIST · RELATIONSHIP

FREE PREVIEW

Co-Parenting Harmony

Effective co-parenting fosters stability and positivity for children. Use this checklist to navigate co-parenting collaboratively.

10 steps | Print-ready A4



NAME	START	TARGET DATE

1 Establish Clear Boundaries

Define roles and responsibilities for each parent to avoid confusion.

TIP *Write down agreements to reference later, like pick-up schedules or rules.*

2 Create a Consistent Schedule

Develop a shared calendar for parenting time, school events, and activities.

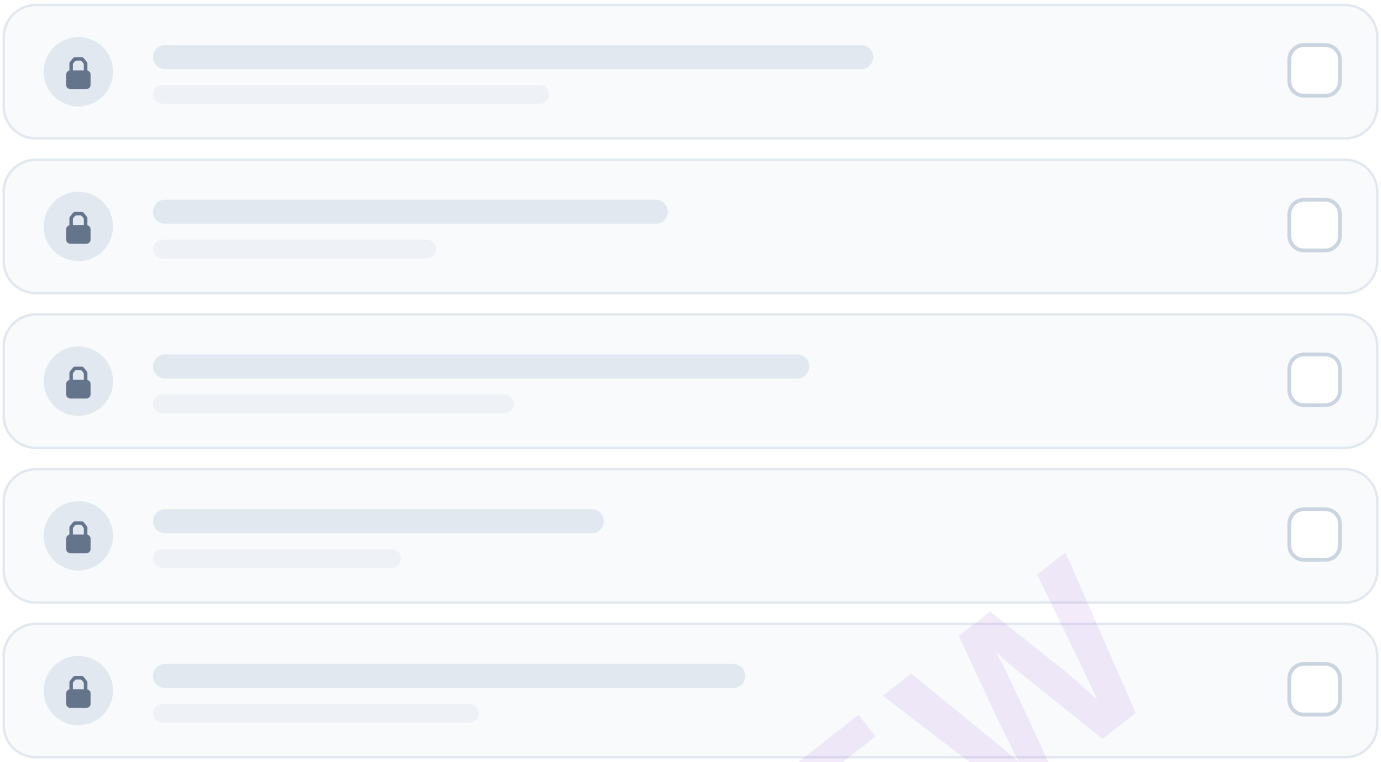
TIP *Use apps like Google Calendar or Cozi to keep everyone updated.*

3 Communicate Respectfully

Use neutral language and focus on the child's well-being during discussions.

EXAMPLE *"Let's decide what's best for their extracurricular activities this semester."*

PREVIEW



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